

# Reza Barzegar Gashti

International Coach - 5th Jan. 1995

## Volleyball-Trainer and Analyst

4 Gitinavard alley

Fouman, Abouzar St.

Guilan province, Iran

(+98) 935-916-3428

[rezabarzegargashti@gmail.com](mailto:rezabarzegargashti@gmail.com)



### CLUB EXPERIENCES:

- Iranian Super league, Varamin VC, 2020 - 21
  - ❖ *Trainer - (5th place)*
- Iranian Super league, Varamin VC, 2019 - 20
  - ❖ *Trainer - (1st place)*
- Iranian 2nd Division league, Varna VC, 2018 - 19
  - ❖ *Trainer - (3rd place)*
- Iranian Super league, Arak VC, 2018 - 19
  - ❖ *Trainer - (10th place)*
- Iranian Super league, Shams VC, 2017 - 18
  - ❖ *Trainer - (9th place)*
- Iranian 1st Division league, Mahabad VC, 2016 - 17
  - ❖ *Trainer - (3rd place)*
- Iranian Super league, Parseh VC, 2016 - 17
  - ❖ *Trainer - (9th place)*
- Iranian 1st Division league, Sari VC, 2015 - 16
  - ❖ *Trainer - (2nd place)*

### INTERNATIONAL EXPERIENCES:

- Women's Senior Iran National team, Tehran, 2018
  - ❖ *Trainer*
- Women's U19 Iran National team, Thailand, 2018
  - ❖ *Trainer - 7th place in Asia championship*
- Men's U23 Iran National team, Tehran, 2017
  - ❖ *Trainer*
- Men's U19 Iran National team, Tehran, 2017
  - ❖ *Trainer*
- Men's Military Iran National team, Tehran, 2016
  - ❖ *Scoutman - 1st place in the world*

### NATIONAL EXPERIENCES:

- Men's U23 championship, Guilan province, 2018
  - ❖ *Trainer - 4th place in Iran*
- Men's U20 championship, Guilan province, 2017
  - ❖ *Trainer - 3rd place in Iran*
- Men's U22 championship, Guilan province, 2017
  - ❖ *Trainer - 2nd place in Iran*
- Men's U18 championship, Guilan province, 2016
  - ❖ *Trainer*

### PROFESSIONAL SKILLS:

High technical knowledge of volleyball  
Data volleyball analysis  
The ability to hold coaching seminars  
Graphic design (Office, Corel DRAW)  
Social media (Instagram)  
Team building skills

### PERSONAL SKILLS:

Creative spirit  
Reliable  
Organized  
Hard working  
Quick learner  
Highly motivated  
The ability to adapt to new environments

### LANGUAGES:

Persian (Native)  
English (Intermediate)  
German (A1)

### EXAMPLES OF SEMINARS:

Technical seminar on Advanced Offensive Tactic in volleyball with Igor Kolakovich

Technical seminar on Advanced Defensive Tactic in volleyball with Igor Kolakovich

Technical seminar on Volleyball Fitness with Igor Kolakovich

### EDUCATION:

Bachelor of Electrical Engineering in Lahijan azad university