# Reza Barzegar Gashti

International Coach - 5th Jan. 1995

# **Volleyball-Trainer and Analyst**

4 Gitinavard alley Fouman, Abouzar St. Guilan province, Iran (+98) 935-916-3428 rezabarzegargashti@gmail.com

#### **CLUB EXPERIENCES:**

- Iranian Super league, Varamin VC, 2020 21 Trainer - (5th place)

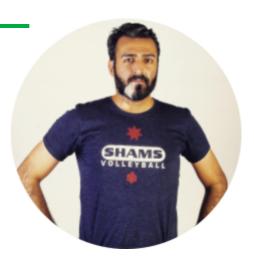
  Iranian Super league, Varamin VC, 2019 - 20
  - Trainer (1st place)
- Iranian Super league, Arak VC, 2018 19
  - Trainer (10th place)
- Iranian Super league, Shams VC, 2017 18
  - Trainer (9th place)
- Iranian 1st Division league, Mahabad VC, 2016 17 Trainer - (3rd place)
- Iranian Super league, Parseh VC, 2016 17
  - Trainer (9th place)
- Iranian 1st Division league, Sari VC, 2015 16
  - Trainer (2nd place)

#### INTERNATIONAL EXPERIENCES:

- - irainer
- Women's U19 Iran National team, Thailand, 2018 Trainer - 7th place in Asia championship
- Men's U23 Iran National team, Tehran, 2017
  - ♦ Trainer
- Men's U19 Iran National team, Tehran, 2017 Trainer
- Men's Military Iran National team, Tehran, 2016
  - Scoutman 1st place in the world

## NATIONAL EXPERIENCES:

- Men's U20 championship, Guilan province, 2017
  - Trainer 3rd place in Iran
- Men's U22 championship, Guilan province, 2017
  - Trainer 2nd place in Iran
- Men's U18 championship, Guilan province, 2016
  - ✤ Trainer



#### **PROFESSIONAL SKILLS:**

High technical knowledge of volleyball Data volleyball analysis The ability to hold coaching seminars Graphic design (Office, Corel DRAW) Social media (Instagram) Team building skills

#### **PERSONAL SKILLS:**

Creative spirit Reliable Organized Hard working Quick learner Highly motivated The ability to adapt to new environments

#### LANGUAGES:

Persian (Native) English (Intermediate) German (A1)

### **EXAMPLES OF SEMINARS:**

Technical seminar on Advanced Offensive Tactic in volleyball with Igor Kolakovich

Technical seminar on Advanced Defensive Tactic in volleyball with Igor Kolakovich

Technical seminar on Volleyball Fitness with Igor Kolakovich

#### **EDUCATION:**

Bachelor of Electrical Engineering in Lahijan azad university